

## NYSP conference workshops – 15<sup>th</sup> October 2009

### Key points / outcomes note

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| <b>Name of workshop</b>  | Adults JSNA  |
| <b>Name of note-taker</b>  | Seamus Breen   |
| <b>Format of session</b><br>Please note briefly the outline format used, e.g. quiz/presentation etc. | Presentation/flip charts and general discussion  |
| <b>Key points highlighted during speaker presentations (if applicable)</b>                           | <b>The Joint Strategic Needs Assessment highlighted the fact that communities within North Yorkshire vary in terms of the state of their health and well being. Lifestyles play a major part in contributing to the inequalities in our communities and the time has come to recognise these differences. The future solutions may lie more in developing community based approaches in conjunction with individual/personalised approaches. The workshop highlighted some approaches for consideration.</b>   |
| <b>Key points arising during main discussion</b>   | <p><b><u>How? Themes</u></b></p> <ul style="list-style-type: none"> <li>• Lots of groups in communities – recognise and empower them therefore possibly parish councils – good neighbourhoods – could be going on but no external support.</li> <li>• Recognition and encouragement of what goes on</li> <li>• Community development workers</li> <li>• Working together better</li> <li>• Bring communities within communicates together</li> <li>• Village agents</li> <li>• Sharing of information</li> <li>• Jointed up themes</li> <li>• New technologies – social networks</li> <li>• Life long learning</li> <li>• Intergenerational work</li> </ul> <p><b>Q2- what – theme</b></p> |

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|   | <ul style="list-style-type: none"> <li>• Shared building /shared services</li> <li>• Sharing resources</li> <li>• Seed money</li> <li>• Joined up approaches</li> <li>• Sharing good practices</li> </ul> |
| <b>Did the group identify any obstacles/barriers to progress?</b> | <b>No barriers other than our willingness to consider a different approach and end silo working.</b>  |
| <b>Key outcomes and/or action points identified</b>               | <b>The proposals suggested by the group discussions will contribute to shaping the commissioning strategies which help shape the health and wellbeing agendas.</b>  |