

## **Progress report on the Development of NHS North Yorkshire and York Childrens, Young People and Maternity Commissioning Priorities**

### **1.0 Key Points**

NHS North Yorkshire and York is currently refreshing its 5 year Strategic Plan and as part of this is developing its commissioning priorities for Children, Young People and Maternity. The Maternity and Childrens part of this plan will pull together the various themes and priorities from documents such as the National Child Health Strategy, and the respective health priorities of the two Children and Young People's plans within the context of the Yorkshire and Humber Strategic Health Authority Healthy Ambitions care pathways for Birth and Children.

The aim of this report is to share with members the potential list of strategic themes/issues that are being identified and to assure members that priorities will reflect and link to those identified in the refreshed North Yorkshire Children and Young People's plan

### **2.0 Recommendations**

That the Board notes the report.

### **3.0 Background**

In October 2008 NHS North Yorkshire and York produced its first Strategic Plan within the context of World Class Commissioning. The PCT is in the process of overhauling this plan with the aim of having a new plan in place by the end of this calendar year. To ensure there is a coherent structure to the plan and to ensure that it has the right Strategic priorities in it the PCT is using the Healthy Ambitions pathway headings identified by Yorkshire and Humber Strategic Health Authority.

These pathways include Birth, and Children and Young People. An outcome from this process will be for the PCT to have a document that clearly identifies the commissioning priorities for Children and Young People over the next four to five years.

These priorities will need to reflect those identified in local authority Children and Young People's plans and the National Child Health Strategy released in February this year.

Where possible they will build on progress and plans already in place.

#### 4.0 Goals

The organisation is developing and consulting on its goals to include in the strategic plan. Along side these draft aims for Children and Young People have been developed to demonstrate how the priorities for Children and Young People's commissioning will contribute to these goals.

<b>NHS North Yorkshire and York Strategic Plan Draft Goals</b>	<b>Children and Young People Healthy Ambition Pathway Aim/Goal</b>
Work with partners to respond to our ageing population to ensure we proactively plan services that empower individuals to retain independence for as long as possible	Work with partners to ensure that future generations are as healthy as possible for as long as possible by planning and commissioning services that enable children and young people to get the best start in life.
Achieve optimal health outcomes for all people regardless of deprivation/circumstances/location	Improve outcomes by working closely with our partners within the jointly agreed Children and Young People Plans to ensure children and young people are able to be healthy, stay safe, thrive in education, make positive life choices, avoid criminal activity and succeed.
Provide health education and promotion to sustain good health and prevent the onset of illness and disease	Target health promotion and prevention services to encourage and support children and young people to adopt a healthy lifestyle.
Accountable to make the best use of taxpayer's money	Ensure children, young people and maternity services are commissioned in a cost effective manner, either by the PCT or jointly with Local Authority partners.
Improve the experience of people that use	Provide all children and

NHS North Yorkshire and York Strategic Plan Draft Goals		Children and Young People Healthy Ambition Pathway Aim/Goal
	our services through enhanced care pathways and increased focus on quality	young people with access to high quality health services which are flexible and fit round the child and its family as they move through key transition points through to adulthood.
	Provide the right care, in the right place, at the right time for the entire population.	Provide all women with access to high quality maternity services which are safe, flexible and fit round the woman and her baby's journey through pregnancy, birth and parenthood and meet choice guarantees.

### 5.0 North Yorkshire Children and Young People's plan priorities under Be Healthy and potential issues and areas for improvement

#### Be Healthy

- Ensure that children and young people have a healthy weight and active lives
- Ensure good maternal health and support new parents to have a confident start to family life
- Support and promote positive mental and emotional health
- Improve the sexual health of young people
- Reduce substance and alcohol misuse
- Improve services for children with acute or additional health care needs

The various lead officers within NHS North Yorkshire and York have been identifying the key themes and priorities within their aspects of Children and Young People's Commissioning.

Some of the issues and potential areas for improvement raised to date include:

- **Maternity**
  - Provide access to high quality maternity services which are flexible and fit around the women and her baby's journey through pregnancy, birth and parenthood. –
    - Improved Choice agenda of Maternity Matters
    - Working with providers to ensure midwifery levels are moving towards national levels expected

- Improving the ability to have continuity of midwife during birth
  - Increase breastfeeding initiation and 6 week rates
  - Reduce the number of mothers smoking during pregnancy
  - Support teenage parents during pregnancy and ensure they access other support services
  
- **Children with complex needs and Disabilities**
  - Improved access to and review of equipment requirements
  - Improved access to short breaks/respice
  - Access to timely physiotherapy and occupational therapy to reduce complications, future hospital admissions and complications
  - Improved support through training on medical conditions and managing medicines for carers, support staff in schools and wider settings
  - Improved support on transition to adult services
  
- **Childhood Obesity**
  - Performance manage and review outcomes of the National Child Measurement Programme
  - Work with Local Authority partners to develop commissioning plans for children's weight management services in all localities
  
- **Sexual Health Services**
  - Improve access to tier two services in primary and community settings
  - Improve access to services available within school and college settings
  - Increase the uptake of LARC
  - Continue to Roll out the National Chlamydia Screening Programme
  
- **Teenage Pregnancies**
  - Work closely with Local Authority Partners to reduce teenage pregnancies through the current strategies.
  
- **Improved Services for Looked After Children**
  - Consistent services for initial and review health assessments
  - Improved awareness of needs of Looked After Children
  
- **Universal Health Visiting and School Nursing Services**
  - Ensure adequate access to support for all children and parents
  - Enable the targeting of vulnerable groups and ensure that Childrens Safeguarding requirements are achieved
  - Increase the ability for integration of services between health providers and local authority colleagues where possible

- **Drugs and Alcohol**
  - Work with and support the Local Authorities to implement commissioning plans for this group of young people
  
- **CAMHS**
  - The potential for a 24hr/7 days a week cover to meet the urgent mental health needs of children & young people
  - Develop the range of CAMHS for 16 and 17 year olds, appropriate to their age and level of maturity
  - Develop the range of CAMHS for children and young people who also have a learning disability
  - Develop the range of early intervention support services jointly commissioned by Local Authority and PCT in partnership
  
- **Screening Services:**
  - Improve the quality of screening programmes across the PCT including Newborn hearing screening, newborn blood spot, orthoptic screening
  
- **Immunisations**
  - Promoting uptake and improving data systems
  
- **Palliative & End of Life Care**
  - Accessible and equitable approach across the PCT area
  - Integrated pathway across social, voluntary, primary, secondary & tertiary care

## 6.0 Finance

As with other Public Sector organisations NHS North Yorkshire and York is beginning to plan for a tighter budget situation for the foreseeable future. Any plans to improve children's services in the future will need to increasingly rely on the ability to recycle funding rather than new funding.

## 7.0 Next steps

- Information and consultation sessions will continue on the organisations strategic plan
- Review the potential priorities to ensure they are in line with those in Childrens Trust Children and Young People's plans
- Identify the specific commissioning initiatives for 2010 onwards related to these priorities for inclusion in the 5 year strategic plan

## 8.0 Actions for the Childrens Trust Board

To note the content of this report and to be assured that any key priorities for Children and Young People in NHS North Yorkshire and York Strategic Plan

will be in line with expectations  
within the refreshed North Yorkshire Children and Young People's plan.

**Gareth Whiles**

Assistant Director of Commissioning Children and Young People's Services  
NHS North Yorkshire and York  
07.09.09