

## **NORTH YORKSHIRE CHILDREN'S TRUST BOARD**

**18<sup>th</sup> January 2010**

### **Report on Results of National Child Measurement Programme for 2008/09**

#### **1.0 Key Points**

- 1.1 This report presents the headline findings from the Government's National Child Measurement Programme (NCMP), 2008/09 school year.
- 1.2 The data shows that the prevalence of obesity for Year 6 in North Yorkshire for 2008/09 was 16.2%. This is in line with the LAA trajectory for this year which was set at 16.2%. The overall participation (coverage) for North Yorkshire and York (Reception and Year 6 combined) remains high at 92%.
- 1.3 The National Obesity Observatory (NOO) will be producing additional analysis in 2010 (expected May 2010) and the anonymised dataset will be made available to Public Health Observatories (PHOs) to allow regional and local analysis of the data.
- 1.4 The PCT will be providing school level analysis of results in line with the national guidance provided, ensuring that children's confidentiality is maintained and that any results provided are meaningful.
- 1.5 A PCT Public Health Intelligence Fast Response on the local NCMP will be posted on the PCT website shortly.
- 1.6 As per previous years the PCT will produce a full analysis of the results which can be used and accessed by partners to support local planning by May 2010. Last year's report is available on [www.nyypct.nhs.uk/StayingHealthy/HealthyWeight/KeyDocuments.htm](http://www.nyypct.nhs.uk/StayingHealthy/HealthyWeight/KeyDocuments.htm)

#### **2.0 Recommendations**

- 2.1 To note current performance is on target against trajectory.
- 2.2 That the data will be analysed further and made widely available via the PCT website.

#### **3.0 Background**

- 3.1 Every year, during the school year, the PCT collects the height and weight of Reception and Year 6 children as part of the National Child

Measurement Programme. The NCMP is now a well established programme, beginning its fifth year in September 2009.

- 3.2 Since last year the PCT has also been providing parents with routine feedback of their child's results and offering information, advice and services (in areas where they are available) which can provide an opportunity for families to make lifestyle changes if they choose.

#### **4.0 Headline Results of Findings of National Child Measurement Programme 2008/09 for North Yorkshire**

- 4.1 The percentage of obese children in Year 6 (16.2%) was nearly double that of children in Reception (8.6%).
- 4.2 The percentage of overweight children in Year 6 (14.4%) was higher than children in Reception (13.3%).
- 4.3 The overall prevalence of underweight children is similar for both age groups (nearly 1%).
- 4.4 The results broken down into Local Authority Districts are as follows:

	<b>Overweight</b>		<b>Obese</b>	
	<b>Reception</b>	<b>Year 6</b>	<b>Reception</b>	<b>Year 6</b>
<b>North Yorkshire</b>	13.3%	14.4%	8.6%	16.2%
<b>Craven</b>	12.0%	13.5%	9.6%	14.8%
<b>Hambleton</b>	11.2%	15.0%	8.0%	16.7%
<b>Harrogate</b>	13.5%	13.8%	7.7%	14.6%
<b>Richmondshire</b>	16.7%	14.0%	7.9%	15.0%
<b>Ryedale</b>	17.9%	15.2%	11.6%	16.6%
<b>Scarborough</b>	16.9%	15.8%	11.7%	20.5%
<b>Selby</b>	6.7%	12.9%	4.7%	14.0%

- 4.5 The overall participation (coverage) for North Yorkshire and York (Reception and Year 6 combined) remains high at 92%.
- 4.6 The National Obesity Observatory (NOO) will be producing additional analysis in 2010 (expected May 2010) and the anonymised dataset will be made available to Public Health Observatories (PHOs) to allow regional and local analysis of the data.
- 4.7 The NOO are publishing a school reporting tool in February 2010. The PCT will be providing school level analysis of results in line with the national guidance provided, ensuring that children's confidentiality is maintained and that any results provided are meaningful.
- 4.8 A PCT Public Health Intelligence Fast Response on the local NCMP will be posted on the PCT website shortly.

- 4.9 As per previous years the PCT will produce a full analysis of the results which can be used and accessed by partners to support local planning by May 2010. Last year's report is available on [www.nyypct.nhs.uk/StayingHealthy/HealthyWeight/KeyDocuments.htm](http://www.nyypct.nhs.uk/StayingHealthy/HealthyWeight/KeyDocuments.htm)

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