

**North Yorkshire Children's Trust Board  
North Yorkshire Teenage Pregnancy Strategy Update  
18<sup>th</sup> January 2010**

**1.0 Key points**

- 1.1 Teenage pregnancy rates in North Yorkshire have recently increased
- 1.2 A review of sexual health services for young people is being carried out
- 1.3 A request for additional resources to support this review and commission improved access to sexual health services has been made as part of the NHS North Yorkshire and York Strategic Plan process. Confirmation of additional resources will be known leading up to the start of 2010/2011

**2.0 Recommendations**

- 2.1 That members of the board note the content of the report

**3.0 Summary of the latest teenage pregnancy data**

- 3.1 Between 1998 and 2007 there was a 21.9% reduction in teenage pregnancies in North Yorkshire
- 3.2 However it is expected that the final teenage pregnancy figures for 2008 will show that teenage pregnancy rates have increased. 2008 data will be released in February 2010.
- 3.3 It is therefore unlikely that the target to halve the rates of teenage pregnancies in North Yorkshire will be met unless further action is taken

**4.0 Sexual Health Review**

- 4.1 North Yorkshire Children's Trust Board recently agreed that a review of sexual health services for young people should be carried out
- 4.2 The review will focus on the following issues:
  - What are the sexual health **needs** of young people?
  - What is the current **demand** for services? Are young people accessing these services?
  - What services are currently commissioned, what is provided and who uses these services? (**Supply** of services)
  - What are the **gaps**?
  - How are services publicised to young people? What do young people think of current services? How can we improve uptake of contraception? What more can be done to improve young people's sexual health?

- 4.3 Staff delivering services, key stakeholders and young people will be involved in this review
- 4.4 Companies have been invited to provide quotes to carry out this review and it is hoped that the review will be completed by the end of the financial year. The review is being funded by the teenage pregnancy strategy.
- 4.4 Findings of the review will be used to inform future planning and development of sexual health services for young people in North Yorkshire.
- 4.5 The findings will be presented to the Children's Trust Board when they are available

### **5.0 Future development of sexual health services**

- 5.1 There is strong evidence that investing in sexual health services for young people will result in considerable cost savings. In the USA 80% of the reduction in teenage pregnancies was attributed to improving access to contraception, and economic evaluation has demonstrated that that for every £1,000 spent on contraception services, £11,000 is saved.
- 5.2 The results of the sexual health review will not be available in time to inform spending priorities for 2010/11
- 5.3 Ahead of the review and recognising the need to improve access to sexual health services for young people, a paper has been presented to the NHS North Yorkshire and York Children & Young People, Sexual Health and Maternity Services Commissioning group highlighting potential population and financial benefits if investment was made. The paper was agreed in principle, and some investment in sexual health services has been included in the draft strategic plan for NHS North Yorkshire and York.
- 5.4 It is hoped that this will remain in the final NHS North Yorkshire and York strategic and financial plans but this will depend on other competing priorities. This funding if made available will be used to set up outreach sexual health services in schools and Further Education.

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